

Improved Learning Outcomes Shooting Football Media Audio Visual On Private Student Class V SD Titi Berdikari Terrain

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Abstract-*This study aims to determine the learning outcome shooting football in the fifth grade elementary school students Titi Berdikari Terrain Private School Year 2018/2019, through the Audio Visual Media. This research is a classroom action research (PTK). The research was conducted in two cycles, with each cycle consisting of planning, action, assessment, and reflection. Sources of data in this study a test to students in the form of application of the basic techniques of football shooting. Data collected by the assessment of learning outcomes football shooting. Data analysis techniques used descriptively based on a qualitative analysis by percentage. The results obtained from the observation that 15 students declared complete (47%), while 17 other students declared incomplete (53%). In the first cycle in which 24 students obtained results declared complete (75%), while eight other students declared incomplete (25%). And the second cycle in which 27 students obtained results declared complete (85%), while 5 other students declared incomplete (15%).*

Keywords: *Media Audio Visual, Shooting, Soccer.*

1. Introduction

Broadly speaking, certainly many things that affect the creation of an atmosphere conducive teaching and learning, starting from the ability of educators (teachers) until the availability of facilities and infrastructure are qualified. If these factors are met, then the learning process will certainly go well too, which in turn will create an atmosphere of learning and teaching more varied to stimulate the interest of students in carrying out various activities in physical education, health, and sports ,

If discuss the learning process in the school environment, the course will consider various things about the composition of the material contained in the physical education subjects. Besides populated by various kinds of sports games, both large ball and small ball. Activities in physical education in the school environment is also populated by some of the numbers in athletics among others, sprint, relay, javelin, discus, high jump and shot put.

The composition of the subject matter in every semester dtentukan based on student characteristics and state of school facilities and infrastructure. Where teachers must mampu explore all forms of matter with the situation and condition of school facilities. Although the process is not uncommon variety of problems, starting from the boredom of the students to the learning outcomes of students considered low. Of course the teacher plays an important role in finding a solution so that students remain enthusiastic interest in any physical education learning process. It is to realize a good student learning outcomes in accordance with the target to be achieved.

Based on observations made in class V SD Private Titi Terrain Berdikari Academic Year 2018/2019 which specifically does not have the ability to master the basic techniques of shooting in the game of football. Most students still have difficulty to practice the basic techniques in shooting soccer. Various problems seen in the implementation of each stage (phase) in the shooting football, and every student showed the error of motion are very diverse, both in the preparation phase, the implementation phase of motion, and advanced motion stage. In addition, the level of creativity of teachers in teaching football shooting also remains low. Where teachers are still applying the kind of learning that are tedious or not varied. Yet so many audio-visual media for shooting football material. This causes students to feel saturated, which notabenenya an age group that is at the phase of childhood. Where in the past, a child like activity that is simple.

Based on the results of tests conducted in the process of observation, using assessment

portfolio (instrument) shooting football which refers to the reference in particular, acquired Percentage Complete Classical (PKK) shooting football fifth grade students of private primary schools Titi Berdikari Medan with details that only 15 students which is otherwise completed (47%), while 17 other students declared incomplete (53%). In other words, based on the standard provisions of the PKK which amounted to 85%, it can be concluded that the Private Elementary School fifth grade students Titi Terrain Berdikari not meet the level of mastery in the learning process of shooting football.

Therefore, we need a solution that is in accordance with the characteristics of Private Elementary School fifth grade students Titi Berdikari Medan. The solution given to the students, in the form of audio-visual media which presents video shooting process of the basic techniques of football. Audio-visual media is thought to affect the level of understanding and ability of students overall in soccer shooting material. Because the audio-visual media lists some simple motion stages are commonly done in football shooting material. Thus, the researchers felt the need to tackle the problems that exist in the private elementary fifth grade students Berdikari Terrain Titi Academic Year 2018/2019 by Action Research (PTK) through audio-visual media to improve learning outcomes football shooting them.

2. Theory

Physical education is a physical activity that is presented as part of curricular, which is used as a vehicle for (media) for the educational process. Physical activity is done in an educational environment certainly has the aim to enhance the ability of learners, both physical ability and psychological capabilities. The students are required to meet the various criteria required in a learning objective. Therefore, educators are also required to be able to manage the situation and learning conditions in order to run properly.

The learning result is a range of capabilities that have been owned by the students after receiving various forms of experiential learning. In general, the study results are shown after learners take all the learning activities in the teaching-learning process. Learning can be defined as the actions and behavior of students who are very complex. Because the learning process is influenced by many factors. In addition to genetic factors (internal), environmental factors also play an important role as a determinant of the characteristics of each human being. Every human being is born into the world certainly has a unique (typical) respectively. Where every human being has certain advantages and disadvantages levels that will ultimately differentiate the learning process of every human being. Therefore, although given the type of treatment (treatment) in the same learning process,

Football is a team game that uses a ball. Football game commonly done on grass or synthetic pitch by two opposing teams with each team consists of 11 players and 11 reserves. The aim of the game is to put the ball into the opponent's goal as much as possible and try to defend themselves from attack the opponent's goal barrage. Shooting aims to enter the ball into the opposing goal. As the legs are commonly used to do the shooting is using the back foot (instep).

The word comes from the Latin *media medius*, which literally means "middle," mediator: or "introduction". In Arabic, the media is an intermediary or an introductory message from the sender to the receiver. Secra outline, it can be said that the media can also be interpreted as a human or material build circumstances that enable the pupils to acquire knowledge and skills. More specifically, the notion of media in learning processes tend to be interpreted as tools to process and compile. So we can conclude, that the audio-visual media is a tool for a person to receive a message, to acquire knowledge and experience bermanfat, to achieve a particular goal.

3. Research methods

The research was conducted in private primary schools Titi Berdikari field located in the district of Medan Labuhan, Municipality of Medan, North Sumatra Province. The research process was conducted in April 2019. In this research subject is the entire fifth grade students of private primary schools Berdikari Terrain Titi Academic Year 2018/2019, amounting to 32 students consisting of 19 male and 13 female.

Broadly speaking, the objectives to be achieved in this study, which is to improve learning

outcomes football shooting through audio-visual media. As in a cycle consists of four stages, namely planning, action, assessment, and reflection.

Based on the type of data to be collected, the data analysis is done in a few qualifications, ie quantitative and qualitative data. The qualitative data used in the observation, while quantitative data used in the learning outcomes of football shooting at each cycle performed. Drawing conclusions based on the results of processing and interpretation of the data that is marked by changes that occur in students. Data were collected at each observation of the implementation of the PTK cycle is analyzed descriptively using percentages techniques to look at trends in the learning process activities.

4. Research Result

In the observation process carried out to get some information about the facts on the ground. Starting from how the learning outcomes of students to teaching styles, variations or whether the most appropriate approach to use. The observation process is done by using achievement test which is based on relevant theoretical foundation. Achievement test refers to the process of motion phases based on valid research sources. The process of learning outcomes assessment tests carried out by teachers who are supervised by researchers and collaborators assistance. Learning outcomes assessment performed on each student is also used in the first cycle and the second cycle.

In the process of observation found some of the difficulties experienced by students in the process of implementation of the achievement test. Where students are very difficult to practice each stage of learning the shooting motion in football. In addition, based on the observation also obtained information that students are less enthusiastic in learning implementation in the field. Where students were not doing the learning shooting motion with good football. Therefore, based on the review of the reference and input from coaches, obtained by solution handling problems learning outcome shooting football with audio-visual media.

In the first cycle, in addition to preparing lesson plans, researchers and teachers also prepared a variety of facilities and infrastructure that will be used in the research process. The few things regarding preparation is also slightly obstacles where there are limitations of the equipment used. Therefore, a simple modification process is carried out in the form of adjustments to the equipment owned by the school.

Then in the process of implementation of the achievement test, the teacher also plays an important role in the assessment process. In the process of shooting the achievement test football, obtained significant results in which some students acquire learning outcome. In addition, from the test results were also obtained data on which learned during the implementation phase of motion, the average student scored poorly. While in the preparation stage and advanced motion stage, the average student earn a pretty good value. Based on this it can be concluded to deal with a solution to be taken in the next cycle, given in the first cycle in the classical completeness criteria have not been met.

Based on the results of the test in the first cycle, and their teachers researchers conducted discussions to design the second cycle. The results of a reflection of increased intensity of learning, especially at the implementation stage football shooting motion. In the second cycle, teachers are required to be more observant in the implementation process of learning the shooting motion. If an error occurs in the motion of the part, the teacher gives the students undertake consequences. The consequences in the form of repetition of the learning process.

Not much different from the first cycle, the second cycle was also carried out the preparations needed in the research process. In the second cycle achievement test most students experience a significant increase in value. In addition, the implementation phase of motion assessment process, most students also increased. However, some students still have not undergone significant changes. This can be caused by several factors, including factors and factors of talent limitations keberminatan students towards learning football. In addition, the data obtained specifically where in the classical completeness criteria fifth grade students of private primary schools Titi Berdikari Terrain been fulfilled. Therefore, this study may be stopped or in other words the next cycle does not need to be implemented.

5. Conclusion

Based on the research that has been described, it can be concluded that an increase learning outcomes football shooting through audio-visual media in Private Elementary School fifth grade students Berdikari Terrain Titi Academic Year 2018/2019. The results obtained from the observation that 15 students declared complete (47%), while 17 other students declared incomplete (53%). In the first cycle in which 24 students obtained results declared complete (75%), while eight other students declared incomplete (25%). And the second cycle in which 27 students obtained results declared complete (85%), while 5 other students declared incomplete (15%).

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